

# *Experience and youth accompany Cuban champion Rafael Alba in Tokyo 2020*

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Tokyo, July 26 (RHC)-- Cuban Taekwondo Federation president Ivan Fernandez gives us details about Rafael Alba's preparation ahead of the Olympic competition.

"The champion feels ready and motivated, he is accompanied by experience and youth to achieve what he could not in Rio 2016, tomorrow will be a great day for Cuban taekwondo," Fernandez said.



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<https://www.radiohc.cu/en/noticias/deportes/265055-experience-and-youth-accompany-cuban-champion-rafael-alba-in-tokyo-2020>



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