

# *Cuba's Paralympic delegation honors Fidel from training sessions*

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**The 95th anniversary of the birthday of Commander in Chief Fidel Castro gave a special touch to the day spent on Friday by the Cuban delegation**

Dubai, August 15 (RHC)-- The 95th anniversary of the birthday of Commander in Chief Fidel Castro Ruz gave a special touch to the day spent on Friday by the Cuban delegation that is preparing in Dubai with an eye on the Paralympic Games that begin on August 24 in Tokyo.

Aware of their role in the practice of sports as an expression of the values of a society with possibilities for all, athletes, coaches and directors evoked the leader of the Revolution with the commitment to give their

all in the Japanese capital.

The date became a confirmation of the optimal use of a stay that began 10 days ago with the aim of finalizing details of the training and to contribute to the adaptation to the time difference in the middle of which they will assume the appointment.

Jorge Reinaldo Palma, their technical chief, commented via Internet to JIT that the 16 competitors have responded to the objectives proposed for this stage, supported by excellent conditions for training and the satisfaction of the work-rest relationship.

Made up of athletes in athletics (8), weightlifting (2), judo (2), table tennis (1), cycling (1), swimming (1) and shooting (1), the island's representation will arrive in the Japanese capital on the 20th to complete their conditioning.

The Paralympic Games will gather some 4,400 contestants with physical, intellectual, visual or cerebral palsy disabilities from some 160 countries, and will cover a calendar scheduled until September 5, with 539 events (272 men's, 227 women's and 40 mixed) in 22 sports.

Cuba will rely on emblematic figures such as its flag bearers, five-time champion runner Omara Durand and swimmer Lorenzo Perez, winner of the Rio de Janeiro edition and world record holder in the 100-meter freestyle.

Its athletics also includes other important winners such as Leinier Savón (100 and 200 meters flat) and Leonardo Díaz (discus).

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