

# *Malnutrition in pregnant and breastfeeding women and girls on the rise*

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**The number of pregnant and breastfeeding women and girls experiencing malnutrition has skyrocketed since 2020 across 12 countries in Africa and Asia.**

United Nations, March 8 (RHC)-- The number of pregnant and breastfeeding women and girls experiencing malnutrition has skyrocketed since 2020 across 12 countries in Africa and Asia. That's

according to UNICEF, which says nearly 7 million mothers are suffering from hunger as a food shortage crisis has worsened due to the war in Ukraine, the climate crisis, ongoing conflict and the pandemic.

The hardest-hit nations include Afghanistan, Yemen, Ethiopia, Somalia and Sudan. Children born to malnourished mothers are more likely to develop chronic health issues and have a higher risk of mortality.

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<https://www.radiohc.cu/en/noticias/internacionales/316019-malnutrition-in-pregnant-and-breastfeeding-women-and-girls-on-the-rise>



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