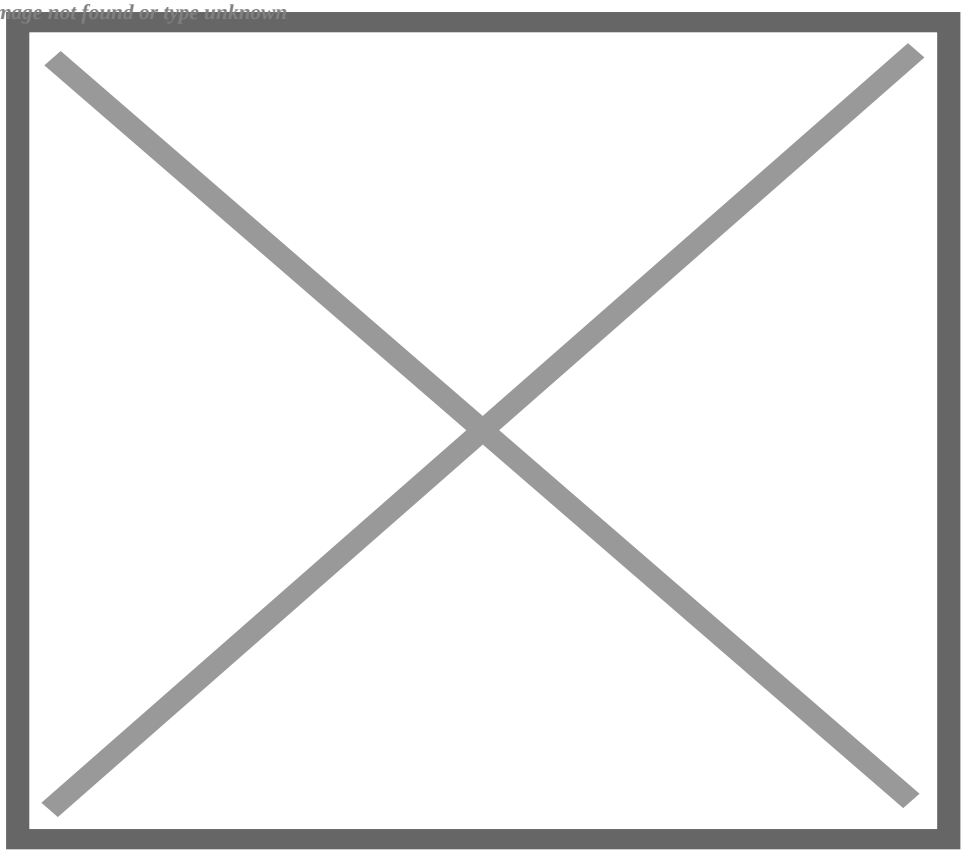
Omara Durand wins at international event in Morocco

Image not found or type unknown



Durand's immediate challenge is the Parathletics World Championships in Paris 2023, in July. Photo: tvsantiago.icrt.cu

Havana, March 12 (RHC)-- Omara Durand closed with a victory this Saturday in the 400 meters at the Moulay El Hassan International Parathletics Meeting of Marrakech 2023, in Morocco.

Accompanied by her guide Yuniol Kindelán, Omara, completed the lap around the oval in 54.73 seconds and left the remaining podium places in the T12 category (profound visual weak) to the Brazilian Lorraine Gomes (1:00.54 minutes) and the host Fatima Ezzahra Elidrissi (1:00.93).

"I improved my time from the previous race and I keep the strategy planned for this year," said Omara after winning in her fourth performance of the current season.

The multi Paralympic champion had dominated this distance at the Dubai meeting, at the end of last February, with a time of 56.32 seconds, in addition to winning the 200 meters with a time of 24.96 seconds.

Her most recent success in the current campaign was achieved this Friday in the great stadium of the Moroccan city, after covering the double hectometer in 24.17 seconds.

The performance shown so far by the sprinter from Santiago satisfies her coach, Miriam Ferrer, who insists that the records achieved exceed expectations, taking into account the preparation phase that her pupil is going through.

Miriam said that the next competitive moment will take place in the Mexican city of Xalapa (April 27-29), where the American phase of the Parathletics Grand Prix 2023, previously scheduled in Monterrey, has been moved.

"There we will also run the 100 meters. We didn't do it until now because of preparation strategies. She is not yet at full power to run well in the shorter distance," she explained.

This year Omara Durand has as main challenges the participation in the World Parathletics Championships in Paris 2023, in July, and in the Parapan American Games in Santiago 2023, in November.

---

https://www.radiohc.cu/en/noticias/deportes/316433-omara-durand-wins-at-international-event-in-morocco

Radio Habana Cuba