

# *Cuba's results in health acknowledged by PAHO official*

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Havana, July 16 (RHC)-- Ignacio Ibarra, Regional Advisor on Health Legislation at the Pan-American Health Organization (PAHO) highlighted Cuba's results in this area in Havana.

Speaking at the Seventh Scientific Conference of Health Law, recently held in Havana, Ibarra said that the 35 member countries that make up PAHO are working to update regulations that have been in place for many years.

The expert highlighted that except Cuba, many of these nations in the region lack greater government support to put health into practice as a human right.

The official pointed out that in the Caribbean state the system is conceived at the national level for its implementation in its 250 hospitals and local areas, where the patient is at the center of preventive care.

The Regional Advisor on Health Legislation also spoke about the importance of health communication, and he warned that obesity is one of the diseases with the highest mortality rate in the world, especially due to the consumption of junk food, as well as smoking levels, alcoholism and drug addiction.

Ibarra explained that PAHO is currently working on a communication campaign on the indiscriminate consumption of sugar and fats and called on the international community to prevent acute diarrheal diseases and other illnesses caused by the indiscriminate use of many foods.

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