

# *High Blood Pressure: A Common Chronic Disease in Cuba*

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Havana, May 6 (RHC) -- High blood pressure is a common chronic disease among Cuban seniors, according to results from the National Survey on Aging Population, carried out nationwide.

More than 80 percent of Cuban senior citizens suffer from a non-transmissible chronic disease, and high blood pressure is present in more than 55 percent of people over the age of 60, the study says.

The survey was carried out by experts from the Center for Population and Development Studies at the National Statistics and Information Office, in collaboration with the United Nations Population Fund, through its office in Cuba.

More than one third of this age sector also suffers from rheumatism or arthritis, being more usual among women and people older than 75.

Diabetes, cardiomyopathies and nervous system problems are other common ailments within this population group in Cuba. Glasses, dental bridges, and dentures are required by 70 to 80 percent of seniors here.



**Radio Habana Cuba**