

# *PAHO says COVID-19 pandemic causes mental health crisis in Americas*

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The COVID-19 pandemic has caused a mental health crisis in the Americas due to heightened stress and use of drugs and alcohol during six months of lockdowns and stay-at-home measures, the World Health Organization's regional director said.

"The COVID-19 pandemic has caused a mental health crisis in our region at a scale we've never seen before," Carissa Etienne said in a virtual briefing from the Pan American Health Organization in Washington.

"It is urgent that mental health support is considered a critical component of the pandemic response."

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<https://www.radiohc.cu/index.php/en/noticias/salud/232063-paho-says-covid-19-pandemic-causes-mental-health-crisis-in-americas>



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