

Marabana and Maracuba are back

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Havana, October 20 (RHC)-- The 35th edition of Marabana and the 20th edition of Maracuba will be held on Sunday, November 21 in person for Cuban participants and virtually for foreigners.

Both will take place under special conditions and measures for participants and organizers as part of the celebrations for the 502nd anniversary of the founding of the Villa de San Cristobal de La Habana and

November 19, Physical Culture and Sports Day for peace, against the blockade and in support of the Cuban Revolution.

This time runners and walkers will only run 13 kilometers through the streets of Cuba's main city and three kilometers in the remaining provinces, municipalities, towns and mountain areas.

The start of Marabana will be at the 13 de Marzo Park along Monserrate Avenue and will run along Cárcel Street to Malecón, continuing to the 1830 restaurant, to turn into Calzada, and from there continue to 12, join 23 Avenue to take 26 to Boyeros, and join Santa Catalina to conclude at the Ciudad Deportiva (Sports City).

Since this is the restart of the on-site races here, this one will be participatory, will not have awards and will be a party for the reunion of Cuban walkers after two years of voluntary isolation, although emblematic races have been held virtually throughout the country.

This call is a sign of gratitude to the country's efforts to achieve the vaccination of all our people.

The note points out that there will only be three thousand runners at the start of the race, who must confirm, before picking up their race bib, the complete vaccination schedule, either on paper or digital.

According to the organizers, there is no participation limit for walkers, who will only run up to seven kilometers and may join the race at kilometer one, after the start.

Another of the rules of the call is that participants will start in blocks of 300 runners previously ordered and identified by bib number, in order to ensure the physical distance from the start in accordance with the anti-pandemic protocol.

It also establishes that all walkers will remain with the nasobuco, to dispense with it on the way from the Malecón to the finish line, where they will use the mask again.

The starting blocks will be delimited by handrails, the temperature will be taken at the entrance, where there will be foot steps and hands will be disinfected, as well as at the arrival to the finish line.

It is also clarified that there will be no checkroom service and each participant will carry a water container that can be recharged in oasis located at the start, at 1830 and at the finish line of the Ciudad Deportiva.

There will also be two medical stations on the Malecon and E Street and on 26 Avenue, after the Chinese cemetery.

The bib number will be published in the Facebook group @andarinescubanos for participants to personalize and publish it.

The date of collection of the bibs will be made public on the digital site JIT and in the group @andarinescubanos that will echo all the information related to the event, which will replicate spaces and radio and television programs accredited for Marabana-Maracuba.

<https://www.radiohc.cu/index.php/en/noticias/deportes/274412-marabana-and-maracuba-are-back>



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